

Experience Survey

You just sat in a room and waited while the experimenter prepared some materials for their next study. We want to know about how that waiting experience was for you. Please tell us honestly about the experience that you just had.

1. What did you do while you waited? Please mark all options that apply.

- ☐ Talked to someone
- ☐ Read a magazine
- ☐ Slept
- ☐ Thought (by yourself)
- ☐ Other: _____

2. How pleasant was your break during this experiment?

0	1	2	3	4	5	6
Not pleasant at all			Somewhat pleasant			Very pleasant

3. How productive were you (that is, how much did you accomplish) during your break? Circle your response.

0	1	2	3	4	5	6
Not productive at all			Somewhat productive			Very productive

4. How happy do you feel right now? Circle your response.

0	1	2	3	4	5	6
Not at all happy			Somewhat happy			Very happy

5. How sad do you feel right now? Circle your response.

0	1	2	3	4	5	6
Not at all sad			Somewhat sad			Very sad

Please turn to the back page to continue this survey!

Please answer questions 6-11 only if there was another person sitting in the waiting room with you. We are interested in your impressions of that person.

6. Did you know the other person before this experiment? Circle one: YES NO

- If you circled “yes”, how well did you know them?

0	1	2	3	4	5	6
Not very well (had recently met)			Somewhat well			Very well (long-time friends/enemies)

7. What was the person’s gender, age, and ethnicity? (If you don’t remember, leave this blank.)

8. If you had a conversation with the other person, please tell us about that conversation. What exactly did you talk about?

9. If you had a conversation, for approximately how long did you speak to the person?

_____ minutes

10. If you had a conversation, how pleasant was that conversation? Circle your response.

0	1	2	3	4	5	6
Not at all pleasant			Somewhat pleasant			Very pleasant

11. What is your overall impression of the person? Circle your response.

-3	-2	-1	0	1	2	3
Very negative			Neutral			Very positive

12. Did the experimenter give you instructions about something to do while you were waiting for her to prepare materials?

YES

NO

If you just answered “YES,” we want to know more about how much control you felt you had in whether or not you had to follow those instructions. For instance, you may have felt like the instructions were mandatory, you had no choice at all, and you had to follow the instructions. Or you may have felt like the instructions were optional and you could choose not to follow them. Oftentimes you might feel somewhere in the middle: that you had some choice in whether to follow the instructions. Please tell us how you felt about the instructions using the scale below:

1	2	3	4
I had no choice but to follow instructions (e.g., they seemed entirely mandatory)	I had a little choice about following instructions (e.g., they seemed somewhat mandatory)	I had a good deal of choice about following instructions (e.g., they seemed somewhat optional)	It was completely my choice to follow instructions (e.g., they seemed entirely optional)

13. How long did the break feel?

Enter how many minutes you think it was: _____ minutes

1	2	3	4	5	6	7
Time dragged			Pretty normal			Time flew

14. Please indicate your gender: ☐ Male ☐ Female

15. Please indicate your age: _____ years

16. How would you describe your race/ethnicity? Check all that apply.

_____ Asian or Asian American _____ Black or African American
_____ Hispanic or Latino _____ Non-Hispanic White
_____ Other

17. Is English your first language? (Circle one).

YES

NO

Please turn to the back page to continue this survey!

Do you have any other comments about the study? If so, please write them here.
